Item 268-000 Smooth Mover Patient Mover
Instructions for Use

**CAUTION:** THIS IS NOT A SPINE OR BACKBOARD. USE WITH EXTREME CARE TO AVOID NECK AND BACK INJURIES.

- Always lock stretcher wheels FIRST.
- Practicing all moves with an empty board (and another staff member) first is recommended.

**Easy On:**
- “Tuck” board firmly under patient until you feel resistance.
- Bracing the board with your thighs, place one arm across the patient's shoulders and the other arm across the patient's hips. Quickly pull the patient onto the board while at the same time pushing the board under the patient with your hips.
- Grasp the handholds firmly and pull smoothly onto the surface.

**Easy Off:**
- Simply pull UP and OUT firmly from under the patient.
- For uneven surface transfer: With one hand, hold the patient’s leg or ankle and pull the foot end of the board diagonally across the upper or lower surface until the buttocks of the patient are over the center of the surface. Then, jockey or pivot the board into place.